

Children's Services

RESILIENCE Happens Here



The Mental Health Association of Westchester offers a variety of services for children, teenagers and young adults that promote emotional well-being in the community and focus on reducing the need for emergency room visits or hospitalizations. Throughout our services, clinicians and care managers collaborate with each other, other providers and community agencies to support youth and their families. To learn more and find the best fit for a young person in your life, please contact **Beth Glauber Ahern, LCSW** at glaubere@mhawestchester.org or **914-345-5900 x7588**.

Children and Family Treatment and Support Services (CFTSS)

Services with a focus on prevention and early intervention for youth with Medicaid who meet medical necessity criteria.

Contact: Kathy Moccio, LCSW
mocciok@mhawestchester.org, 914-345-5900 x7544

Ages: 0 to 21

Referrals: Referrals may be made by any source, including family, school, pediatricians and clinician

Our Team: **Other Licensed Practitioners (OLP)** provide initial assessment, ongoing psychotherapy, and recommendations to other CFTSS. **Community Psychiatric Supports and Treatment (CPST)** provide therapeutic and functional supports to help improve communication and interactions with family, friends and others. **Psychosocial Rehabilitation (PSR)** helps youth relearn skills to support them in their home, school and community. **Family Peer Support Services (FPSS)** provided by an individual with their own lived experience, supports families and caregivers to help address the needs of their child. **Youth Peer Support and Training (YPST)** provided by an individual with their own lived experience, supports the youth in being informed and proactive in the planning and delivery of their services.

Crisis Stabilization

Supporting children at risk for behavioral health crises through short-term mental health consultation and treatment, intensive crisis respite support, and family peer advocacy.

Contact: Kathy Moccio, LCSW
mocciok@mhawestchester.org, 914-345-5900 x7544

Our Team: A collaboration among a clinician from MHA, a Family Support Specialist from Family Ties of Westchester, and a Respite Specialist from Family Services of Westchester.

Ages: 5 to 18

Referrals: May be made by any source.

Mobile Mental Health

Mental health treatment and care management services provided in the home or other community location for high-risk youth who have had difficulty benefiting from traditional behavioral health clinic settings.

Contact: Kathy Moccio, LCSW
mocciok@mhawestchester.org, 914-345-5900 x7544

Our Team: Licensed clinicians provide individual and family therapy; clients also have access to medication management with a prescriber at MHA's White Plains clinic.

Ages: 5 to 18

Referrals: SPOA

Health Homes Serving Children (HHSC)

Community-based care management for high risk and high need youth. Care Managers collaborate with caregivers and community service providers while advocating for services that focus on promoting well-being in the home and reducing emergency room visits and hospitalizations.

Contact: Chris Giaquinta, LMSW
giaquinc@mhawestchester.org, 914-345-5900 x7566

Our Team: Care Managers provide direct support by phone and in-person, and work to connect youth and families to any additional services or resources they might need.

Ages: 0 to 21

Referrals: May be made directly to MHA by a provider or family member.

ACHIEVE

A specialized care management program providing enhanced services to high risk or high need youth. Families participate in an evidence-based practice that promotes a youth-guided and family-driven planning process to achieve goals.

Contact: Chris Giaquinta, LMSW
giaquinc@mhawestchester.org, 914-345-5900 x7566

Our Team: MHA's Care Manager collaborates with Youth and Family Peer Advocates contracted through Family Ties.

Ages: 12 to 21

Referrals: Westchester County Single Point of Access (SPOA)

Home and Community Based Services (HCBS)

Access to an array of Medicaid-funded services designed to engage youth in developmentally and culturally appropriate services. HCBS provides support to both children and their families and delivers support at home and in the community.

Contact: Kathy Moccio, LCSW
moccio@mhawestchester.org, 914-345-5900 x7544

Ages: 0 to 21

Referrals: Youth must be assessed and deemed HCBS eligible through their Health Home Care Manager or the NYS Children and Youth Evaluation Service (C-YES)

Our Team: Caregiver/Family Supports and Services (CFSS) provides caregivers and families training and education to make informed and empowered choices for their children; **Planned Respite** provides short term relief for families/caregivers and supports the child's goals; **Prevocational Services** helps youth aged 14 and older to learn skills to help get ready for work; **Supported Employment** helps youth aged 14 and older to stay in a steady job that pays wages; **Community Self-Advocacy Training and Supports (CSATS)** helps youth and their families understand developmental, medical, mental health, and/or substance use needs, and to help with, or prevent, any difficulties when taking part in community activities.

Cross Systems Unit/Safe Harbor

Services for youth at risk of family court involvement and/or out-of-home placements. A multidisciplinary approach creates family-driven, strength-based, and individualized responses that promote safety and well-being of youth and families. The Safe Harbor program, a component of CSU, provides screening, assessment, and ongoing support to sexually exploited and work exploited minors.

Contact: Jennifer Doherty of DSS at 914-995-5360 or Beth Glauber Ahern of MHA at 914-345-5900 x7588

Our Team: CSU is a collaboration between the Westchester County Departments of Community Mental Health, Social Services and Probation.

Ages: 10 to 18

Referrals: May be made by any source.