



At-Home Activities & Resources



um•nsu•card

University of Miami-Nova Southeastern University

Center for Autism & Related Disabilities



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Remember, your CARD clinician is still here to help you and virtually support your family during this hectic time!

Please reach out to your clinician if you are in need of resources including respite, meal assistance, etc.



ATTENTION BROWARD COUNTY PUBLIC SCHOOLS FAMILIES: GET TWO MONTHS OF INTERNET FREE

Comcast has launched program enhancements to help students access the Internet during the Coronavirus crisis. Low-income families in Comcast service areas who sign up as new customers can receive **60 days of complimentary internet**, access to **more than 200,000 hot spots nationwide**, and an increase in internet speeds from 15/2 Mbps to 25/3 Mbps for all Internet Essentials customers.

To get Internet Essentials, please visit internetessentials.com or call toll-free 1-855-846-8376. This offer is not available in stores, so please do not go to a Comcast store for this program.

- Comcast will send all new customers a self-installation kit including a cable modem and Wi-Fi router. **There will be no term contract or credit check and no shipping fee.**
- The accessible website also includes the option to video chat with customer service agents in American Sign Language.
- After 60 days, families will need to call Comcast to cancel the service, or keep it for \$9.95/month.

Who qualifies for this service?

1. **All students enrolled in Title I schools.** Please see the list at bit.ly/2IQncxB.
2. Families enrolled in **HUD Housing** and/or **Free or Reduced lunch programs**
3. Families currently receiving support from these federal programs must provide proof of participation:
 - **MEDICAID:** copy of card or most recent eligibility letter for an adult in your household (copy of front and back of card required.)
 - **Public housing assistance:** documentation such as lease, housing assistance payment (HAP) contract, or eligibility documentation from HUD.
 - **SNAP:** letter indicating you are approved for Supplemental Nutrition Assistance Program benefits.
 - **TANF:** eligibility letter for Temporary Assistance for Needy Families.
 - **SSI:** eligibility letter for Supplemental Security Income.
 - **NSLP/Head Start:** copy of a letter indicating participation in the National School Lunch Program or Head Start, with child's name, school name, and address of where you are requesting service.
 - **LIHEAP:** letter confirming eligibility for Low Income Home Energy Assistance Program.
 - **WIC:** eligibility letter for the Women, Infants, and Children program.
 - **VA Pension:** pension eligibility determination letter from the Veterans Administration.
 - **Tribal assistance:** eligibility letter, including TTANF, FDPIR, etc.

Once the customer calls or applies online, Comcast will provide an application number, and the customer will be asked to submit the document with the application number written on it to ieapplication@comcast.com. The quickest way to apply and upload the necessary documents is online at internetessentials.com. Customers may also fax documents to 1-888-294-7113 with the application number written on it.

For questions please visit internetessentials.com or call 1-855-846-8376 for English or 1-855-765-6995 for Spanish.

Click on the blue text to follow links

If you need assistance, feel free to reach out to your CARD clinician for support.



Dealing with Covid-19

Resources for Special Educators, Therapists, & Families

Curated resources for those working with Individuals who have developmental disabilities.

Thanks to all the creators from around the globe whose work is listed here. Your generosity in making these resources freely available is greatly appreciated.

I wash my hands



Handwashing Poster

Download this resource from [Angie S](#) by [clicking here](#).



Wash Your Hands

You can download the resource [here](#).



Handwashing with Core Vocabulary

You can access [the file for this resource here](#). It was created by [Autism Speech Talkies](#).

Click on the image to follow the link for this ever-growing resource list

BEFORE YOU BEGIN



How to prepare for extended school closings—and not lose your mind

By Liz Faria

03.12.20



Click on the image to follow the link

Museum Tours

[Click here for even more virtual museum resources](#)



Collections

AllA-ZMap



M
O

Musée d'Orsay, Paris
Paris, France



MoMA

MoMA The Museum of
Modern Art
New York, United States



Van
Gogh
Museum

Van Gogh Museum
Amsterdam, Netherlands



**LE GALLERIE
DEGLI UFFIZI**

Uffizi Gallery
Florence, Italy



NATIONAL GALLERY OF ART

National Gallery of Art,
Washington DC
Washington, DC, United States



belvedere

Belvedere
Vienna, Austria



3

The State Hermitage
Museum
St. Petersburg, Russia



RIJKS MUSEUM

Rijksmuseum
Amsterdam, Netherlands



MUSEO SOROLLA

Sorolla Museum
Madrid, Spain



25 EL OLMEDO

Museo Dolores Olmedo
Mexico, Mexico

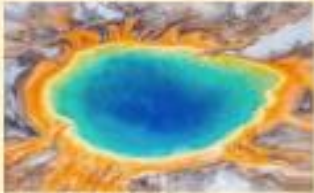


Click on the image to follow the link and access over 2,500 galleries worldwide

Virtual Field Trips

[Click here for a virtual field trip lesson plan](#)



San Diego Zoo		The San Diego Zoo has a website just for kids with amazing videos, activities, and games. Enjoy the tour!
Yellowstone National Park Virtual Field Trip		Mud Volcano , Mammoth Hot Springs , and so much more. Tour Yellowstone National Park!
MARS!!!		Explore the surface of Mars on the Curiosity Rover. They are updating from WEBVR to WEBXR now, but 360 Mode offers a digital view!
Animal Cameras		Live Cams at the San Diego Zoo Monterey Bay Aquarium live cams Panda Cam at Zoo Atlanta 6 Animal Cams at Houston Zoo Georgia Aquarium has Jellyfish , Beluga Whales , and more
Virtual Farm Tour		This Canadian site FarmFood 360 offers 11 Virtual Tours of farms from minks, pigs, and cows, to apples and eggs.

Click on the colored words to follow the link

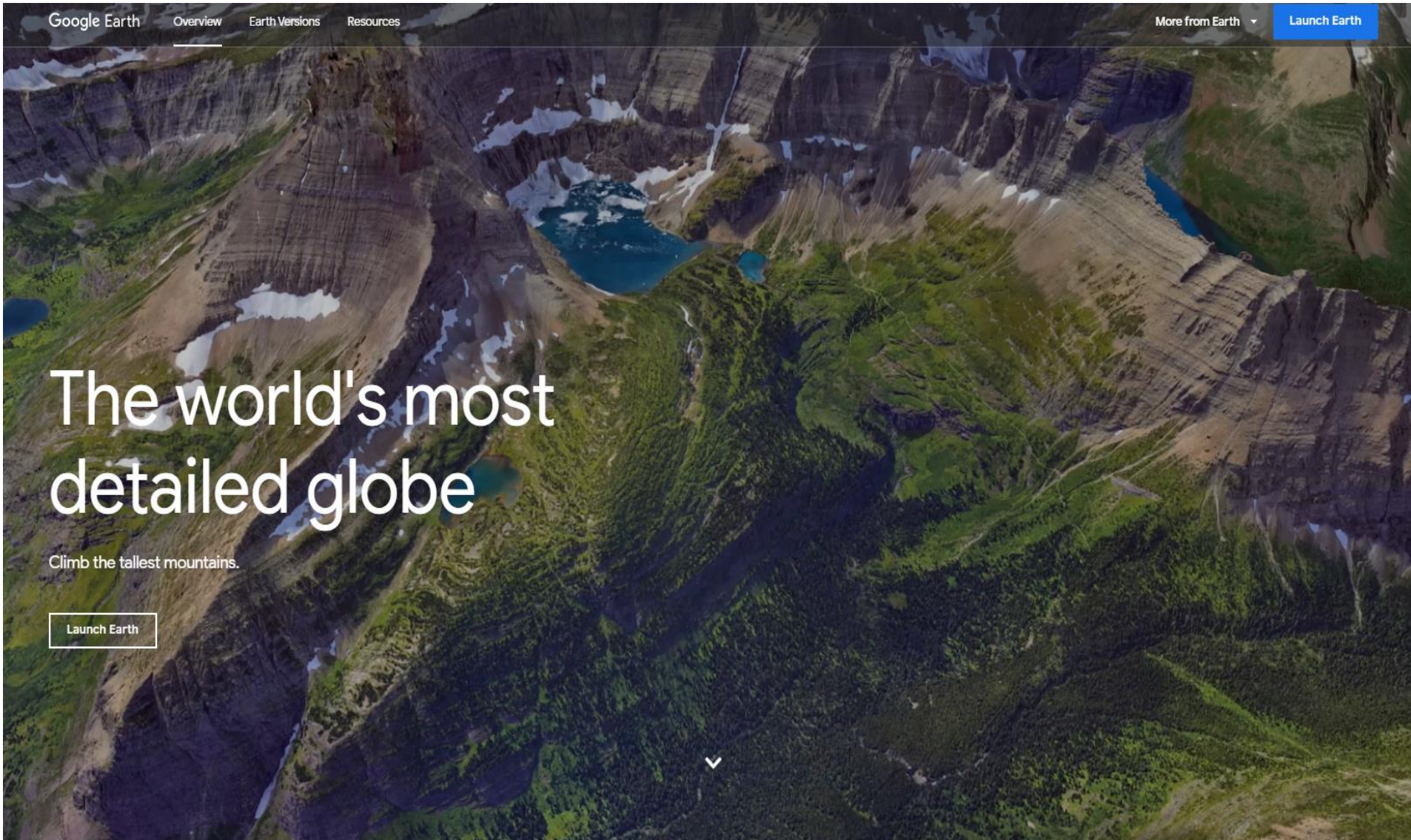
Virtual Field Trips



U.S. Space and Rocket Museum in Huntsville, AL		See the Saturn 5 Rocket on YouTube and more on this tour thanks to a real father/son outing.
Discovery Education Virtual Field Trips		A few of the field trip topics include Polar Bears and the Tundra Social Emotional Skills STEM manufacturing
The Louvre		Travel to Paris, France to see amazing works of art at The Louvre with this virtual field trip.
The Great Wall of China		This Virtual Tour of the Great Wall of China is beautiful and makes history come to life.
Boston Children's Museum		Walk through the Boston Children's Museum thanks to Google Maps! This virtual tour allows kids to explore 3 floors of fun.

Click on the colored words to follow the link

Virtual Field Trips



Click on the image to follow the link and explore Google Earth

Virtual Field Trips



1. [Acadia National Park](#)
2. [Arches National Park](#)
3. [Badlands National Park](#)
4. [Big Bend National Park](#)
5. [Black Canyon of the Gunnison National Park](#)
6. [Bruce Canyon National Park](#)
7. [Canyonlands National Park](#)
8. [Channel Islands National Park](#)
9. [Cuyahoga Valley National Park](#)
10. [Death Valley National Park](#)
11. [Denali National Park](#)
12. [Dry Tortugas National Park](#)
13. [Everglades National Park](#)
14. [Glacier National Park](#)
15. [Grand Canyon National Park](#)
16. [Grand Teton National Park](#)
17. [Great Smoky Mountain National Park](#)
18. [Guadalupe Mountains National Park](#)
19. [Joshua Tree National Park](#)
20. [Mesa Verde National Park](#)



21. [Mount Rainier National Park](#)
22. [Olympic National Park](#)
23. [Redwood National and State Parks](#)
24. [Rocky Mountain National Park](#)
25. [Sequoia National Park](#)
26. [Shenandoah National Park](#)
27. [Virgin Islands National Park](#)
28. [Wind Cave National Park](#)
29. [Yellowstone National Park](#)
30. [Yosemite National Park](#)
31. [Zion National Park](#)

Click on the colored words to follow the link

Facebook Live - Zoo

[Click here to visit Cincinnati Zoo's Home Safari webpage](#)



Home Safari Facebook Lives

Public · 26 instances · 35,582 people · by Cincinnati Zoo & Botanical Garden

More Zoo Live Cams

1. [Smithsonian National Zoo](#)
2. [Reid Park Zoo](#)
3. [Explore Live Cams](#)
4. [Zoo Atlanta Panda Cam](#)
5. [YouTube Zoo Live Cams](#)

[Zoo Field Trip Lesson Plan Worksheets](#)

Click on the image to follow the link



QUARANTIME

Online school with Science Mom and Math Dad!
M-F 8–10 a.m. Pacific, 11–1 p.m. EST



Science Lessons

Engineering challenges

Crafts Games

Q&A

Livestreamed to
YouTube and Facebook

Click on the image to follow the link



FREE FACEBOOK LIVE CLASS! 3/19 1PM EST

"MINON"

SUPPLY LIST:

8X10 CANVAS/CANVAS BOARD

**PAINT BRUSHES, SMALL,
MED, LARGE**

ACRYLIC/TEMPURA PAINT COLORS:

**TEAL, YELLOW, BLACK, WHITE,
PURPLE, BROWN, NAVY BLUE**

GLASS OF WATER

PAPER TOWEL OR RAG

A SMILE AND AN OPEN MIND!



Click on the image to follow the link

YouTube – Art



Click on the images to follow each link

Story Time



Stories by Josh Gad, Voice of Olaf



Astronauts reading stories

Atlantic White Shark Conservancy Presents

SHARK STORY HOUR

Every Day This Week @ 10AM

Join us on Facebook Live at 10AM every day this week to listen to a new shark story and shark Q/A.



THE *Spanish* EXPERIMENT

HOME SPANISH LESSONS **SPANISH STORIES** REVIEWS

Spanish children's stories

Well-known children's stories translated into Spanish and spoken by a native Spanish speaker. Great for kids... and adults too! Read along in Spanish or English.



NEW Pollito Tito

CHICKEN LITTLE

A modern adaptation of the classic tale: What happens when a completely normal chicken believes everything he reads on the internet? This story is written in the present tense, because it's a good thing to learn.

[READ MORE](#)



NEW El Pájaro y la Ballena

THE BIRD AND THE WHALE

Our first ever original story, about a bird and a whale and their shared love of little fish. Inspired by a song by Tom Waits, and an episode of Adventure Time.

[READ MORE](#)

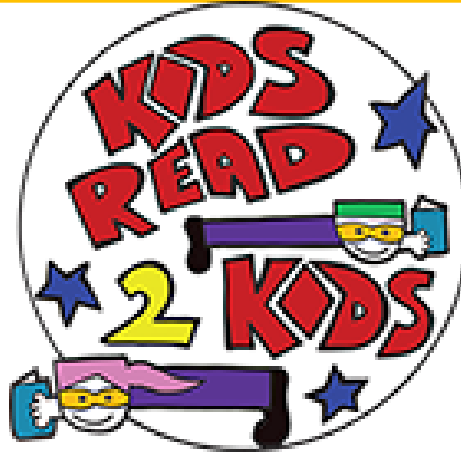
ONLINE READ-ALOUNDS, STORY TIMES, SING-ALONGS, & ILLUSTRATING TUTORIALS TO DO FROM HOME

Click on the image to follow the link

Story Time



St. Patrick's Day Read-Alouds



Kids Reading Story Books



Book Flix:
username: bookflix46
password: blue

Storyline Online

Online Story Time



Online Story Time

MUSIC
BOOKS
UKULELE
STORYTIME



Emily Arrow on YouTube

Click on the image to follow the link

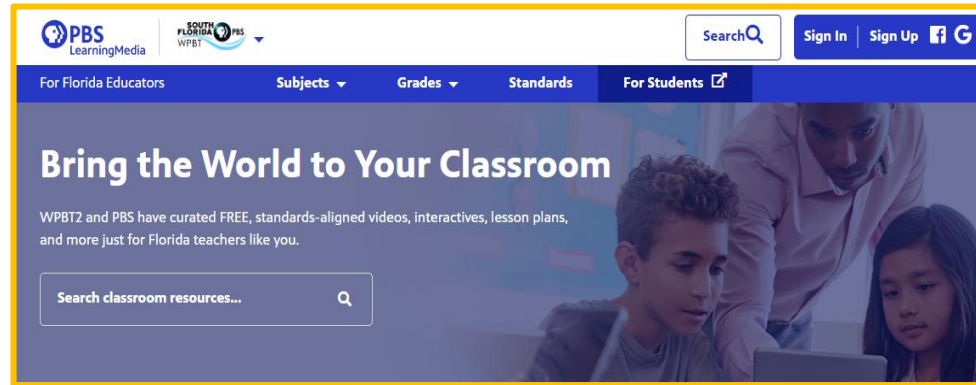
Online Learning – Resources

[Click Here for a Complete list of Educational Companies Providing Free Resources during School Closures – Updated Every Few Hours](#)

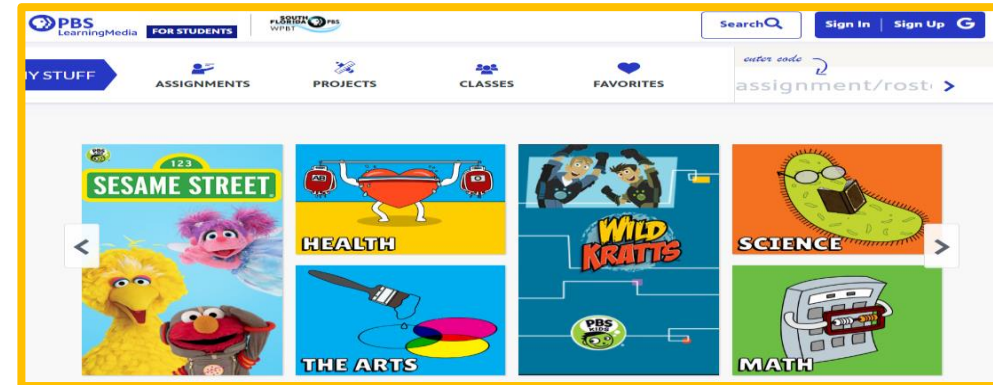


Click on the images to follow each link

Online Learning



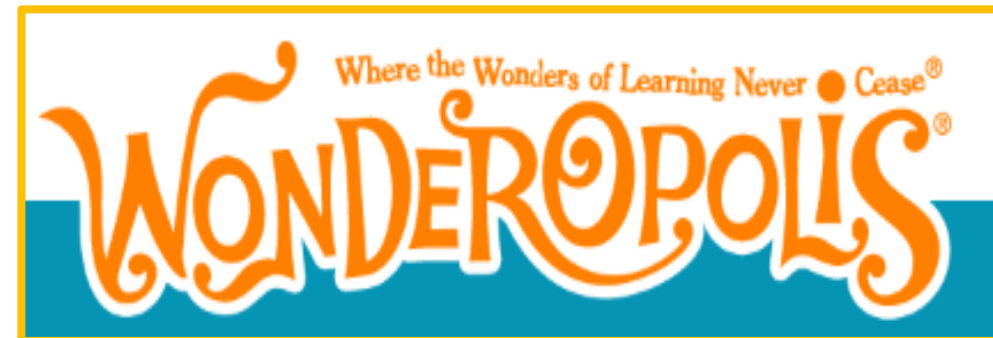
PBS Learning Center, Parents and Students



NASA STEM for Students



[Click here for Mystery Science's Lesson Plans](#)



Click on images to follow each link





BrainPOP

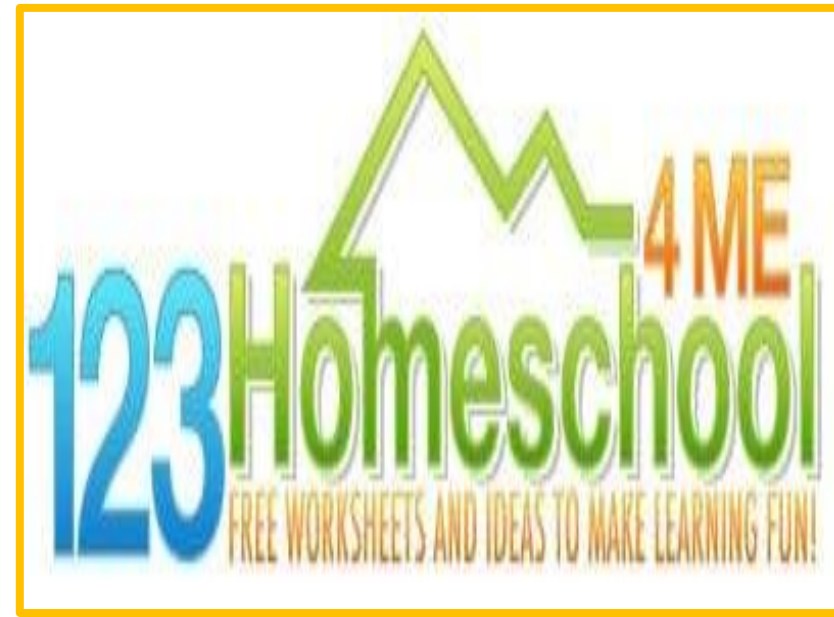
BrainPOP (all)
username: Fulbrightfalcon
password: fulbright1

1. [BrainPop](#)
2. [BrainPop Jr. \(K-3\)](#)
3. [BrainPop English Language Learner](#)
4. [BrainPop Español](#)



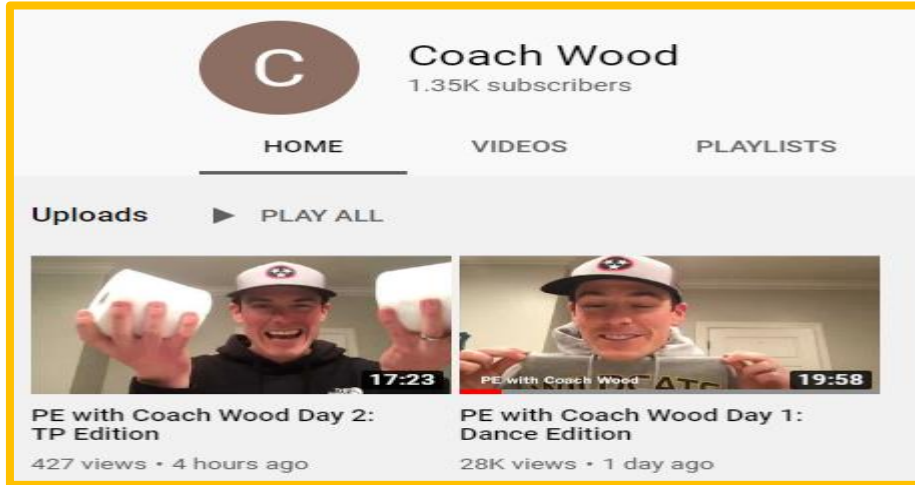
Click blue words to follow the links

Home Schooling - Worksheets

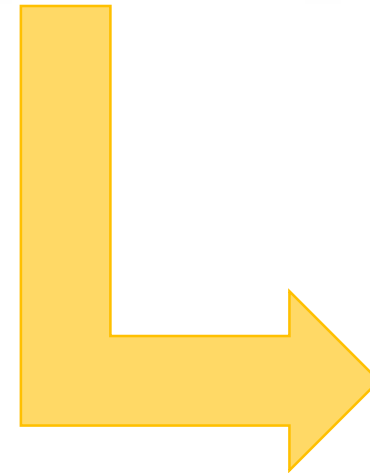


Click on the images to follow each link

Physical Education



KIDS YOGA
ROUNDUP OF THE BEST VIDEOS



1. [Good Morning Yoga](#)
2. [Good Night Yoga: A Pose by Pose Bedtime Story](#)
3. [You are a Lion and Other Fun Yoga Poses](#)
4. [Frozen Inspired Yoga](#)
5. [Children's Yoga with Ally Ford](#)
6. [Kid's Yoga – Crab Pose](#)
7. [Sun Dance Kids Yoga](#)
8. [Kickapoo the Kangaroo](#)
9. [Yoga for Kids](#)
10. [6 Minute Yoga](#)
11. [Parsnip the Cat](#)
12. [Tiny the T-Rex](#)
13. [Wake-Up Routine](#)
14. [Zen Meditation](#)
15. [Alphabet Yoga](#)

Click on the images to follow each link

At-Home Activities



GIANT LIST OF IDEAS FOR BEING HOME WITH KIDS
(for: actual quarantine, school closures, weekend social distancing, anytime!)
Thanks to the Princess Awesome & Boy Wonder Community for the amazing suggestions!!

Click on the images to follow each link

Dollar Tree Ideas



Puzzle



Math Foam



Jenga



Playing Cards



Learning Bingo

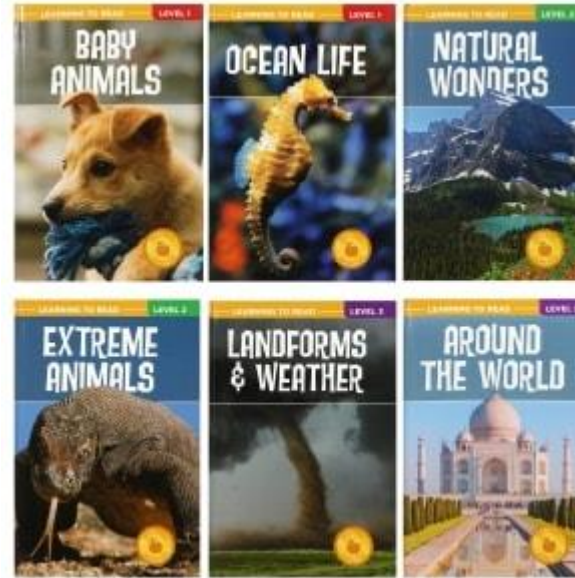


Character Domino

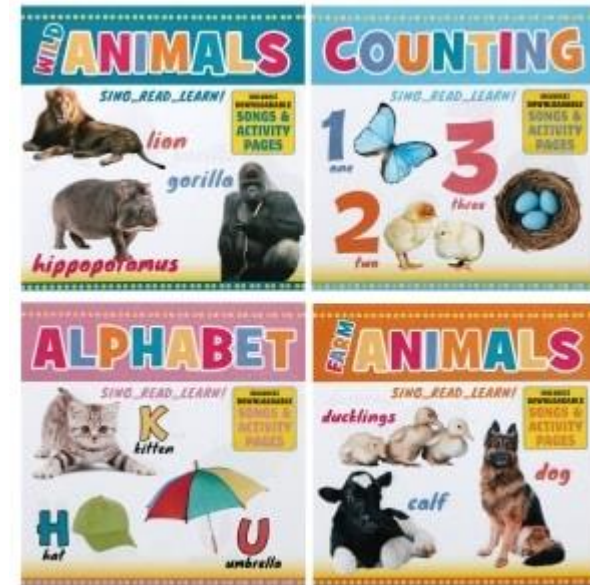
Dollar Tree Ideas



Foam Dice



Educational



Early Learning



Crossword and
Sudoku Workbooks



Relaxing
Coloring Books



Academic
Workbooks



Dollar Tree Ideas

[Click here for a DIY craft ideas and tutorials](#)



Non-screen activities you can do at home

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.

Pobble

25 ideas!

1 How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list!

'Learning from home is fun'

Thanks!

2 Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.

3 Get building! You could build a Lego model, a tower of playing cards or something else!



4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to try and crack it?

5 Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?

6 Hold a photo session. Use a camera or a mobile phone to take some snaps. What will you photograph? Your pets or toys perhaps?

7 Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!



8 Use an old sock to create a puppet. Can you put on a puppet show for someone?



9 Make a list of all the electrical items in each room of your home. Can you come up with any ideas to use less electricity?

10 Design and make a homemade board game and play it with your family.



11 Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?



12 Can you create a story bag? Find a bag and collect items to go in it that relate to a well known story. If you can't find an item, you could draw a picture to include.

13 List making! Write a list of things that make you happy, things you're grateful for or things you are good at.



14 Design and make an obstacle course at home or in the garden. How fast can you complete it?



15 Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.



16 Keep moving! Make up a dance routine to your favourite song.



17 Write a play script. Can you act it out to other people?



18 Read out loud to someone. Remember to read with expression.



19 Write a song or rap about your favourite subject.



20 Get sketching! Find a photograph or picture of a person, place or object and sketch it.



21 Junk modelling! Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them.

22 Draw a map of your local area and highlight interesting landmarks.



23 Write a postcard to your teacher. Can you tell them what you like most about their class?

24 Draw a view. Look out of your window and draw what you see.



25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?

Pobble.com - More writing. More progress.

100+ INDOOR ACTIVITIES



CRAFTS

MAKE PAPER AIRPLANES
SALT PAINTING
MAKE SUNCATCHERS
MAKE SALT DOUGH
MAKE SPONGE STAMPS
MAKE A CEREAL BOX AQUARIUM
MAKE SCRATCH ART
MAKE YOUR OWN BOOKMARKS
PAINT PET ROCKS
MAKE RECYCLED CRAYONS
MAKE PAPER BOATS
FINGER PAINT
MAKE FRIENDSHIP BRACELETS
MAKE A BIRD FEEDER
MAKE PAPER BAG PUPPETS
MAKE HANDPRINT ART
MAKE A SCRAPBOOK
DECORATE T-SHIRTS
MAKE A THANKFUL JAR
PAINT LEAVES
MAKE A TIME CAPSULE
MAKE BUTTON ART
PAINT WITH WATERCOLORS
COLOR IN A COLORING BOOK
MAKE PAPER CRAFTS
BUILD A CARDBOARD CASTLE
MAKE TISSUE BOX MONSTERS
MAKE A TOILET PAPER ROLL BUTTERFLY
STAMP WITH CELERY
MAKE CHALK ICE
MAKE PUFFY SIDEWALK PAINT
DRAW A SELF PORTRAIT
USE RUBBER STAMPS
DO SCRAPE PAINTING
PAINT A RECYCLED JAR
MAKE SUPERHERO COSTUMES

ACTIVITIES

MAKE PLAYDOUGH
MAKE SLIME
MAKE PLAY MUD
MAKE RAINBOW RICE
MAKE FAKE SNOW
MAKE A SENSORY BIN
MAKE A SENSORY BAG
BUILD A FORT
HAVE A PILLOW FIGHT
WRITE A STORY
MAKE ICE CREAM IN A BAG
MAKE GUMMY BEARS
MAKE FRUIT ROLL-UPS
HAVE A MOVIE DAY
PUT ON A FASHION SHOW
BAKE CUPCAKES OR MUFFINS
DO YOGA
BUILD AN OBSTACLE COURSE
MAKE DINNER TOGETHER
PLAY WITH MAGNETIC TILES
BUILD SOMETHING WITH LEGO
USE DOT MARKERS
BUILD A STACK OF CARDS
PUT ON A PUPPET SHOW
MAKE A TREASURE HUNT
INDOOR BOWLING
LEARN TO DRAW
PUT ON A PLAY
MAKE INDOOR HOPSCOTCH
DO A FAMILY CHORE TOGETHER
HAVE A DANCE PARTY
HAVE A TEA PARTY
PLAY WITH WATER IN A BIN
SET UP A PLAY STORE
MAKE A SOCK TOSS GAME
MAKE PERLER BEAD ART
WRITE IN A JOURNAL

GAMES

PLAY WOULD YOU RATHER
PLAY I SPY
PLAY SIMON SAYS
PLAY BOARD GAMES
PLAY HIDE AND SEEK
INDOOR SCAVENGER HUNT
PLAY BINGO
PLAY CARD GAMES
DO A PUZZLE
PLAY CHARADES
BUILD YOUR OWN GAME
PLAY FREEZE DANCE
PLAY HOT POTATO
PLAY MARBLES
KEEP THE BALLOON UP
PLAY DOMINOES
PLAY HANGMAN
PLAY TIC-TAC-TOE

EDUCATIONAL

READ BOOKS
DO A SCIENCE PROJECT
LEARN ORIGAMI
LEARN ABOUT A NEW ANIMAL
LEARN A NEW CARD GAME
LEARN TO SEW
LEARN TO KNIT
DO BRAIN TEASERS
LEARN A NEW LANGUAGE
LEARN ABOUT A COUNTRY

Non-Screen Activity

Ideas - Indoors

30 Day LEGO Challenge

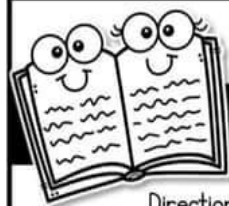
Follow the instructions for each day. The only rule is to have fun and use your imagination!

			Day 1 You were hired by an amusement park to create a new roller coaster.	Day 2 NASA needs you to build a new rocket.	Day 3 Your parents want to build a new home and they want you to build it.	Day 4 Hollywood hires you to build a movie set for a new Star Wars movie.
Day 5 You enter a contest to build the world's tallest tower. Will you win?	Day 6 You are stuck on Mars and need to build a new ship to get home.	Day 7 Ford hires you to create the toughest pick up truck in the world.	Day 8 You and 4 friends are stranded on an island. Build a boat to find a way home.	Day 9 Captain Hook needs a new pirate ship and wants you to build it.	Day 10 You and your friends decide to build a tree house.	Day 11 Prince Charming hires you to build a castle for him & Cinderella.
Day 12 Dr. Who hires you to build a new TARDIS.	Day 13 You are asked by the President to build a new monument to George Washington.	Day 14 Mr. Hilton hires you to build a new hotel.	Day 15 There is a circus in town. Build a place for the performance.	Day 16 Help your fellow pioneers build a wagon to make it across the country.	Day 17 Build the fastest car around and join the big car race.	Day 18 Do you wanna build a snowman? Get in the winter mood and build a snow scene.
Day 19 The city wants you to build a bridge to connect one side of the town to the other.	Day 20 Pizza party! It is up to you to make a pizza for all the guests.	Day 21 You are hired to build a brand new hospital.	Day 22 The fence is broke and the dog keeps escaping. Build one he can't get out of.	Day 23 You are now in medieval times. You are commissioned to build a jousting arena.	Day 24 The local bank keeps getting robbed. Build a safe no one can crack.	Day 25 Design and build your dream bedroom.
Day 26 You are elected ruler. Build a flag for your land.	Day 27 Aliens are invading and you need to build a war robot to defeat them.	Day 28 The aliens have taken over. They are impressed by your robot. They want you build one for them.	Day 29 You are hired to build a house entirely out of yellow Legos.	Day 30 There is blizzard. You will need to build a snowmobile		
						What was your favorite day?



Non-Screen Activity Ideas - Reading

Name _____



SCHOOL IS OUT! READING CHALLENGE

Directions: Mark a square each time you complete the activity. Can you do them all?

Read in your pajamas.	Build a fort. Then read in it!	Read outside.	Read with a flashlight.	Read a book online.
Read to a family member.	Read to a pet (real or fake)!	Read while eating breakfast.	Read a nonfiction book!	Read a book in a spooky voice.
Read on a beach towel.	Turn on the TV. Mute it and turn on the captions. Read the captions!	Read a book in a whisper.	Read a book with sunglasses on!	Find a recipe. Read it!
Read to a stuffed animal.	Borrow a book from someone and read it.	Read during a picnic.	Read a book in bed.	Read a book two times in a row!
Let someone else pick a book for you to read.	Read a book pretending that you are a teacher reading aloud to your class.	Read while eating your favorite snack.	Read in a robot voice.	Read to someone on the phone.

WRITING EXTENSION: Keep a journal about each activity that you do!
Include the book title and details about your experience.



11 Independent Reading Responses That Can be Done with Any Book No Technology Required



Character Analysis – Choose a character from the story and draw a picture of the character in the center of the paper. Around the character write/draw about the character's personality traits, actions, special words, thoughts and feelings, problems & challenges, and accomplishments.

Create a Comic Strip – Choose a scene in the book and create a four-panel comic strip about that scene. Include colorful pictures with dialogue balloons for what each character is saying.

Make a Connections Map – Choose parts of the book that can be compared to the real world, another book, or yourself. Write down or draw these connections.

Make a New Book Cover – Create a new cover for the book with your own artwork and a blurb (short summary).

Make a Diorama – Using a shoebox or another box recreate a scene from the book using things from around the house such as scrap paper and small toys.

Create a Story Map – Draw 6 boxes on a sheet of paper. Put one of the following in each box: Title and author, characters, action, setting, problem, and solution. Write about the parts of the books in each box.

Write a Letter – Write a letter to your teacher or best friend telling him/her if you liked/disliked this book and why.

Create a Play – Either write or act out what this story would look like as a live action play.

Compare and Contrast – Create two circles that intertwine and make a list of how two books are different in the outer circle and how they are the same in the overlapping circle. Your child may know this as a Venn Diagram.

What's Next – Write about what you think would happen next if the story continued.

Story Chart – Divide a sheet of paper into 3 parts. Choose an important event from the beginning, middle, and end. Write/draw about that part.



Non-Screen Activity Ideas - Outdoors



1. Perform a puppet show with sock puppets
2. Make a magazine collage
3. Play a board game
4. Take a bubble bath
5. Have a dance party
6. Listen to an audio book
7. Make a paper chain
8. Make a blanket fort
9. Build a box car or boat
10. Bake a cake or cupcakes
11. Play dress-up
12. Go to the library
13. Play a card game
14. Blow bubbles
15. Do a jigsaw puzzle
16. Have a picnic indoors
17. Design a crown or superhero mask
18. Invent a game with blown-up balloons
19. Build a house of cards
20. Plan a scavenger hunt
21. Make a music video
22. Draw a picture
23. Make a tissue box guitar or paper towel roll rain stick
24. Make paper airplanes
25. Make your own play dough
26. Make friendship bracelets
27. Create a hopscotch course out of bubble wrap
28. Learn to crochet
29. Play house
30. Have a movie marathon and eat flavored popcorn
31. Have a tea party
32. Make a car wash for toy cars
33. Make shadow puppets
34. Make marshmallow-and-toothpick towers
35. Learn origami
36. Make Christmas tree ornaments
37. Read a storybook
38. Make fresh fruit popsicles
39. Finger paint
40. Play in puddles
41. Make a ball pit in an inflatable pool
42. Learn sign language
43. Play hide-and-go-seek
44. Build a shoe box city
45. Play charades
46. Make a scrapbook
47. Create cards to send to a far-away friend
48. Decorate sugar cookies
49. Write a story
50. Tie-dye T-shirts

CARSON-DELLOSA
PUBLISHING GROUP

35 FUN THINGS TO DO IN YOUR BACKYARD



1. Have a picnic
2. Read a book
3. Draw with sidewalk chalk
4. Paint with shaving cream
5. Toss water balloons
6. Run through the sprinkler
7. Splash in the kiddie pool
8. Play in the water table
9. Jump rope
10. Play hopscotch
11. Play tic tac toe
12. Play scrabble with giant tiles
13. Make an obstacle course
14. Dig in the sandbox
15. Plant a garden
16. Make a bird feeder
17. Paint rocks



18. Fly a kite
19. Make & fly paper airplanes
20. Play fetch with your dog
21. Teach your dog new tricks
22. Learn to hula hoop
23. Set up a bean bag toss
24. Play croquet
25. Play baseball
26. Play kickball
27. Set up a net and play badminton
28. Blow bubbles
29. Try an egg and spoon race
30. Do a sack race with pillowcases
31. Take a popsicle break
32. Build a fort
33. Set up an outdoor movie night
34. Look for constellations in the sky
35. Have a camp out for the night



Sunny Day Family
Mom Life. Organized.

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