



1st Grade

In order to keep your children safe in school, Medical and Nursing Services has developed some helpful information for the start of your child's school year. Having these necessary documents will help keep your child as safe as possible and will avoid exclusion from school and delays for participation in gym, recess, and field trips.

For all 1st Grade students, the following are needed to be submitted to your School Nurse:

Physical Exam: Completed on the NYS Required form within 12 months of the start of the academic school year: [Physical Form Needed](#)

Immunizations Up-to-Date: [Immunizations Needed](#)

Vaccines Needed:	Number of Doses Needed:
DTaP/DTP/Tdap/Td	5*
Hepatitis B	3*
MMR	2
Polio	4*
Varicella	2

*see full guidance if any delay in vaccine series start

Medication Authorization, (if needed): [Medication Authorization Form](#)

Special Circumstances: If your child has any special circumstances such as, asthma, food allergies, diabetes, seizures, etc... there are forms available to provide a clear plan while they are in school: [Health Forms](#)

Clothing: At this age please ensure your child has clothes that are comfortable and easily manageable, (avoiding complicated zippers, buttons, belts, etc...) as they progress towards mastering their bathroom skills.

Your child should have an extra set of each of the following: shirt, pants, underwear and socks.

For specific questions and to submit all forms due at the start of school,

Email your child's School Nurse: [School Nurse Directory](#)