



FACT SHEET: Impetigo

Impetigo is a highly contagious common skin infection, especially in younger ages. It typically causes a superficial skin infection that can start out with redness, progress to raised bumps, and then form a "honey-colored crust". These bacteria most often infect the face and extremities.

Impetigo is spread by:

- Skin-to-skin contact
- Contact to the sores or fluid

Please monitor your child for the following symptoms for the next 10 days:

Red, itchy sores that characteristically break open and leak clear fluid or pus for a few days
A crusty yellow or "honey-colored" scab forms over the sore
Usually around the nose, mouth, arms and legs

If your child develops any symptoms please keep them home and call your healthcare provider.

Prevention:

- Wash hands often with soap and water for at least 20 seconds or an alcohol-based hand sanitizer
- Avoid people who are infected

Individuals at High Risk: Always consult with your healthcare provider with any questions or concerns. Although complications are generally rare some factors increase someone's risk. Anyone with underlying conditions, compromised immune system, pregnancy, elderly, etc. should contact their healthcare provider if they think they may have been exposed.

Return to School: Your child can return to school once they are cleared by their healthcare provider and they have:

- Started antibiotic treatment for at least 24 hours, and
- All affected areas are covered.

Any questions please email/call your school nurse, (found on your home school website).

For more information: <https://www.cdc.gov/groupastrep/diseases-public/impetigo.html>